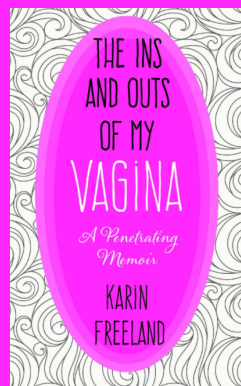


# Book Club Guide

## by Karin Freeland & V



To Womb It May Concern, I hope you find this book club guide helpful for your meetings. At the very least, it will be entertaining and you might learn something new about your fellow club members. Like that time you played *Never Have I Ever* in college and someone decided to get real and say, "Never have I ever been fisted!" Yeah, that's always fun!

*Warning: Alcohol may or may not be your friend tonight. (wink, wink)*

### Part 1: Opening Up

1. At what age is it appropriate to teach girls about their body parts? Would you give it a name or label it a vagina? Why?
2. What was your most embarrassing puberty moment?
3. What about going through puberty excited you the most? The least?

### Part 2: Hello, V

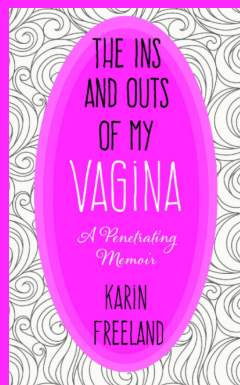
1. Have you ever named your vagina? If so, what did you name her and why?
2. At what age did you lose your virginity and did it go better than Karin's first time? What makes you say it was more or less successful?
3. Have you ever watched a porn? If so, did it make you feel more confident about your body or self-conscious? What's your take on porn's effects on women's self-esteem?

### Part 3: Muff Tales

1. How did you learn that you are supposed to urinate after sex? What can we do to ensure young women get the information they need to have a healthy sex life when the time is right for them?
2. Some of Karin's early sexual experiences were alcohol fueled (Chapter 14 *Sacked*). Do you think they were borderline coercive? What can women learn from these events?
3. In Chapter 16 *Pussy Power*, Karin does not wield her power properly. When have you let your power get out of control? Or do you always harness it appropriately?

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### Part 4: Miami Heat

1. When did you get your first vibrator? (Don't lie - we know you have one!) Did you instinctively know what to do with it or did you read the instruction manual like Karin?
2. Have you ever been caught masturbating? If so, by who and how did you handle the situation.

### Part 5: Sexual Peaks and Valleys

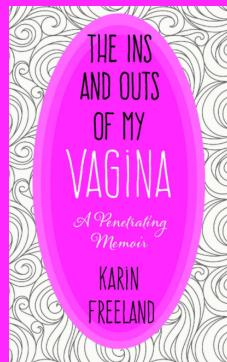
1. How much is too much to spend on sex toys? Have you ever needed an intervention?
2. What methods and tricks did you try to get pregnant?
3. Karin clearly struggled with realizing she had a miscarriage in Chapter 27, *Goes Dark*. What do you think caused her to flush her fetus? How would you have handled the situation?
4. Why do you think women are hesitant to share when they've had a miscarriage with others? Have you had a miscarriage and how did you process the grief?

### Part 6: No Vacancy

1. If you've had children, what was the hardest thing about being pregnant for you? If you haven't, what are you waiting for? JK - Aren't people that keep asking or assume you want kids sooooo annoying! If you haven't had kids, what did you find most interesting about Karin's chapter on birth: *A Totally Tear-able Surprise*.
2. What did you love about being pregnant? (Besides the fact they can't talk back to you in the womb!)
3. What's the craziest thing you did to prepare for the birth of your child? If you haven't carried a baby of your own yet, what have you seen others do that you've vowed not to do yourself?

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### Part 7: Clam-tastophes

1. Women often place a lot of their value and worth on their body. When Karin realizes her labia is torn for good, she has a hard time accepting her new vulva. What challenges have you gone through accepting your body? What advice do you have for other women?
2. It's no secret Karin had challenges orgasming from penetration alone. What conditions need to be right for you to reach climax with a partner? If you haven't, what do you want to try in the very near future to see if you can make that a reality?
3. Do you fake orgasms? Why or why not?
4. Chapter 34, *Hot Dog in a Hallway*, depicts one of Karin's most disappointing sexual encounters. What's the worst sex you've ever had?

### Part 8: The Final Curtain

1. In Chapter 37, *No Womb for Error*, the doctors are unable to tell if Karin has another ectopic pregnancy. Have you ever had a similar experience? What would you have done in her situation?
2. Have you ever been caught in a sex act by your children or someone else's? What happened and how did you react? Spill the deets!
3. What's the worst piece of sex advice you've ever been given? (Okay, I'll go first. Mine was definitely that all guys enjoy having a finger stuck in their butt! #nottrue)
4. Karin falls in love with having sex in hotels after her kids are born. What's your favorite place to have carefree sex and why?

### The Climax

Now that you've finished the book and the discussion you probably need a cigarette or a cold shower!

1. What was your biggest takeaway or ah ha moment from the book?
2. What are you going to do differently going forward to empower yourself or other women?